

The Stability Quotient™ Diagnostic

A leadership intake tool built from the Mootz Method™

Purpose	This diagnostic is designed to identify where leadership becomes inconsistent under pressure across decisions, communication, and execution.
How to use it	Rate each statement honestly based on how you lead when pressure is high - not how you lead on your best day.
Important	Scoring and interpretation are completed through the Bold Leadership Path™ process. This document is for assessment intake and guided discussion only.

Rating Scale

1	Rarely True
2	Occasionally True
3	Sometimes True
4	Often True
5	Always True

Most leaders answer differently under pressure than they expect. Move quickly, answer honestly, and do not over-edit your first response.

Diagnostic Statements

Circle or select one number for each statement.

Pillar 1: Authenticity Over Authority

Statement	1	2	3	4	5
I make decisions aligned with my judgment, even under pressure.	■	■	■	■	■
I do not shift my stance to maintain approval.	■	■	■	■	■
My leadership approach remains consistent across different environments.	■	■	■	■	■

Pillar 2: Visibility Without Validation

Statement	1	2	3	4	5
I communicate direction clearly without waiting for consensus.	■	■	■	■	■
I take action without needing reassurance from others.	■	■	■	■	■
I do not delay decisions due to fear of being questioned.	■	■	■	■	■

Pillar 3: Emotional Intelligence as Armor

Statement	1	2	3	4	5
I remain emotionally controlled during high-stress moments.	■	■	■	■	■
My reactions do not dictate my leadership decisions.	■	■	■	■	■
I can regulate my response even when others escalate emotionally.	■	■	■	■	■

Pillar 4: Strategic Autonomy

Statement	1	2	3	4	5
My team can execute without constant intervention.	■	■	■	■	■
I do not create bottlenecks through over-involvement.	■	■	■	■	■
I trust structured systems more than reactive intervention.	■	■	■	■	■

Pillar 5: Boundary-Driven Resilience

Statement	1	2	3	4	5
I maintain performance without overextending myself.	■	■	■	■	■
I enforce boundaries even when pressure increases.	■	■	■	■	■
I do not sacrifice long-term stability for short-term demands.	■	■	■	■	■

After You Complete the Diagnostic

Your responses are used to identify where leadership becomes unstable under pressure.

Where did your ratings feel most inconsistent?

Which pillar felt most difficult to answer honestly?

Where does pressure most often affect your leadership decisions?

What pattern do you want to stabilize first?

Awareness does not stabilize leadership - application does.

To apply the Mootz Method™ to your results, book your strategy session through Bold Leadership Path™.

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